

Good Tidings

May 2023



Arnold Mills United Methodist Church

Rev. Heather R. Bailes Baker

Web Page: www.amumc.org

Phone: 401-333-5203

email: office.amumc@gmail.com

A note from our pastor...

Beautiful Beloveds,

Yesterday, the Seacoast District Committee on Ministry met with two people taking their first steps on the path towards becoming a pastor in the United Methodist Church. What a delight to hear their story of call and their love for the church. Amid news of the disaffiliation of United Methodist Churches and church closings, here are two people beginning their journey to lead and serve the people of God. Their trust in God, their joyful enthusiasm for the work of God, their love for God's people, and their hope for the church were inspiring. New life...in the midst of death.

We're still in the Easter Season. We continue to greet one another with the joyful news, Christ is Risen! Our worship for the month of May will focus on new life. We'll remember together the promise of new life offered by our faith. And, we'll turn our eyes to the gift of creation, given by God for us to steward. We'll lament and confess the damage we as humans have done to this beautiful world, and notice the sights and sounds of life all around us. New life...in the midst of destruction.

As the trees blossom and flowers bloom let us give thanks for the witness of creation. There is new life! In all the challenges of life on this planet there is tremendous beauty too. Often where there is grief there is gratitude. Often where there is sickness or suffering there is also comfort and care. In the darkest moments, we are not alone. We can partner with our life-giving God, turning our eyes to see new life in the midst of death.

Peace,

A handwritten signature in blue ink that reads 'Heather R. Bailes Baker'.

Pastor Heather

Let's stock the coffee hour cupboard. The next time you're at the grocery store pick up some non-perishable goodies and put them on the kitchen counter at the church. You might consider cookies, crackers, pretzels, dried fruit, popcorn, granola bars or your favorite snack. These will be stored and used as needed to lighten the load on our coffee hour hosts. Watch for BOGO (Buy one-get one) specials or that favorite treat you can't keep in your house or you'll eat the whole package in one go. Donate them to coffee hour and others will also enjoy your guilty pleasure. All the joy of the eating without the guilt or groaning later.

Coming This Month....In Worship

May 7, 2023

New Life Welcomes All Creatures

Text: John 14: 1-14 & Psalm 31:1-5, 15-16

Communion Served in 8:30 and 10:30 Worship

May 14, 2023 – Mother’s Day

New Life Through the Spirit

Text: John 14: 15-21 & Psalm 66:8-20

May 21, 2023 – Staff Appreciation Sunday

New Life Breaks Forth in Joy

Text: John 17:1-13 & Psalm 68:1-10, 32-35

May 28 – Pentecost

Text: Acts 2: 1-21

June 2023

June 4: Promotion Sunday

June 11: Graduation Sunday

June 18: Father’s Day

June 25: Summer Sunday Schedule Change –

9:30 am One shared worship experience outdoors weather permitting

A note on Mother’s Day...

Mother’s Day can be complicated. It can be a day full of joyful thanksgiving as little ones offer handpicked wildflowers and children of every age give thanks for women who love well. It can also be a day of deep grief for those whose mothers have died. It can be a day of heart ache for those who struggle with infertility or who have experienced miscarriage. It can also be a day of anger or frustration for children who wish they had a different relationship with a parent. It can be a day of insecurity for mothers who wonder if they’re doing enough as they see and impossible ideal celebrated. Whatever your thoughts and feelings about Mother’s Day, bring your whole self to worship. Most of our worship will not be focused on mothers. When we do, we will give thanks for mothers and acknowledge the variety of feelings the day can bring. Let us be gentle with ourselves and one another.

9:30-10:15 am Sunday Mornings Onsite

We explore the scripture of the day through conversation, art and poetry.

7pm Wednesday Evenings Online (Zoom)

Social Justice and Spiritual Practices Beginning May 10

Led by Adama Brown

Join Zoom Meeting

<https://us02web.zoom.us/j/839125938>

6:30 –7:00 pm Tuesday Evening: Prayer Group (Zoom)

All are welcome. Let’s share life’s joys and sorrows in prayer.

Join Zoom Meeting

<https://us02web.zoom.us/j/563411339>

Small Group

Opportunities

Sundays Onsite &
Wednesdays Online

April Trustee Report

The Trustee Committee met on April 13th at 6:30 P.M. in the library. The treasurer and secretary were absent, but their reports were submitted and approved. The financial report showed the portfolio had over a \$30,000 gain in March. That is the direction we like to see!

The following issues made for quite a long meeting....

- The value of the Sustainability Project fund has grown to \$16,986.31 due to another large donation. We are researching ways for the church to improve our carbon footprint such as installing solar panels and heat pumps. All members were looking forward to the "Carbon Footprint Fair" being organized by Dave Larson.
- The floor in Cargill Hall was stripped and waxed by Marques Cleaning Service in time to shine for Easter!
- Adding portholes or windows to all solid doors in the church is still being looked into.
- We are having contractors look at painting the street sign, a broken step at the parsonage, the climbing platform on the swing set, and upgrading the downstairs bathrooms.
- Malloy Oil will be asked to service the air conditioners, dehumidifier, and to drain the boiler for the summer.
- Two exterior lights for the parsonage were purchased in February and recently installed by Eastland Electric.
- Thanks to Karen Oswain, the garden under the flagpole has been raked, but we really need to rake the whole lawn. The scouts have done a spring cleanup for years so will be contacted to see if they have plans to do this and if so, when.
- Lou's Stonework will be contacted to fix the crumbling stone walls out front.
- The dumpster was emptied in April. We are doing this as an "as needed" event in order to save money.
- The "Little Library" has been repaired.
- Our neighbor across the street, Sean Flaherty, has left a truck on church property. Since we do own the land next to the fire station, it was decided that our chairperson should make a neighborly visit to discuss moving the truck.
- The AED demonstration was well attended and follow up sessions on First Aid and CPR may follow.
- The issue of safety in church was brought up. Pastor Heather will contact the Cumberland Police Department for recommendations.
- Two requests to rent Cargill Hall for family affairs were approved. One will be in July and one in September.
- Finally, we were notified that three back up fender bender accidents have occurred in April in the parking lot adjacent to Cargill Hall. It was decided that we would look into seal coating and then redoing the spaces. Eliminating parking spots in the middle may be helpful.
- As you can see, many projects to keep our buildings and property in good shape are being juggled. We would love to add one or two more trustees so if you are interested, please let us know!

Respectfully submitted,

Lindsay Gettinger, Fran Carr, Scott Murphy, Tom Cabana, Tom Hetherington, Dave Larson, and Mark Farnell

Arnold Mills - Solar Panels - Heat Pumps - BOTH?



Arnold Mills has received two generous donations towards energy savings projects at the church. In a previous meeting those who attended indicated an interest in solar panels and heat pumps. We have more information including a quote for solar panels on the church. **Meet with us during coffee hour after church on Sunday May 7th to learn more and participate in the discussion.** If you cannot make the meeting, reach out to Dave Larson for more info

(401-225-9530 or adl21412@gmail.com).



Arnold Mills UMC Social Justice Team Meeting - Sunday, May 21st after Coffee

Hour: LEARN - SHOW SUPPORT - ADVOCATE: One and all are welcome to join the **Social Justice Team Meeting at 11:45 AM on Sunday, May 21st in Cargill Hall.** Let's meet to review advocacy activities to date and discuss our next initiatives.

Missions Committee Newsletter Report

MAY 2023

Meals in the Park

We handed out over 120 serving of Venus Di Milo Soup, franks and beans, homemade pasta salad, and of course our wonderful home baked desserts. The PB and J lunches came from students at Community School with notes of encouragement written on the bags. **Our next meal is Sunday May 7th in Bouley Park, Social Street Woonsocket.** We will be serving pulled pork on confetti rice and homemade desserts. Please feel free to join us in the park on Sunday after church service. Please note that **we will not be cooking in the church on May 6th.** Any questions, please contact Karen Oswain at KKoswain@netscape.net

Cintas Clothing Donation and the St. James Episcopal Church Clothing Closet

The twice monthly clothing donations continue from the Cintas Warehouse in Woonsocket to the St. James Church clothing closet. In addition, our church members responded to the call for NEW socks and underwear for the St. James Clothing Closet as their funding for those items had been discontinued.

The Franklin Farm Community Garden and the Historic Metcalf-Franklin Farm Preservation Association

During the 16th season of raising farm fresh vegetables for needy families in Rhode Island, the volunteers grew and distributed over **35,000 pounds** of various vegetables to the **RI Community Food Bank** and to local soup kitchens and food pantries in Northern RI. **On Saturday, April 22nd,** the volunteers held a clean-up day remove the winter debris around the 1857 Farmhouse and the Barn complex and to harrow in the compost and the winter rye cover crop. **On May 19th and 20th** the seeds and seedlings will be planted. **We will then begin the Monday and Thursday volunteer tending nights from 5:30 PM to dusk beginning on Monday May 22nd.** In addition, the farm fields continue to be open for casual outdoor enjoyment for families and their pets. Restoration work gradually continues on the historic farmhouse and the barn complex. Any questions, please contact Pam or Chip Thurlow; 401-333-1235, thurlowcp@gmail.com

Habitat for Humanity

Habitat for Humanity Northern RI and West Bay Affiliate is celebrating their 30-year anniversary this year! The current project is to erect **two** duplexes at **83 & 85 Oakland School Street in Burrillville, RI.** The first duplex is almost complete and the final projects do not require our volunteer assistance. The second duplex foundation will be installed in the next several weeks and then the volunteer groups can be assigned the various construction tasks. **We will notify AMUMC volunteers when we can return to the work site as we have done previously.**

Dave's Marketplace Day Old Bakery Donations

Since 2016, volunteers from AMUMC have transported day old baked goods three times each week to the Cumberland Senior Center, the Northern RI Food Pantry or the Woonsocket Shelter. The schedule of the three donations each week and the many volunteers making the deliveries is posted on the bulletin board in the coat room.

The Woonsocket Shelter

The Woonsocket Shelter has received donations of persons care items and household items (sheets, towels, quilts, curtains, etc.) for families to relocate into independent living when they leave the shelter. In addition, AMUMC volunteers have been donating day old baked goods from area supermarkets – currently Dave's Marketplace – for over 15 years to the shelter. On Fridays, Elton and Rachel Odom make the weekly deliveries to the Shelter.

Chip Thurlow,

Chairperson, AMUMC Missions and Social Concerns Committee

Peace With Justice Sunday is June 4!

WHAT IS PEACE WITH JUSTICE SUNDAY?

United Methodists relate to this special Sunday by seeking peaceful solutions, creating and supporting peace-related ministries in their conference and learning about peaceful, just efforts around the world. Our Social Principles call us to love our enemies, seek justice, and serve as reconcilers of conflict. We insist that the first moral duty of all nations is to work together to resolve by peaceful means every dispute that arises between or among them.

The United Methodist Church, with its historic commitment to peace and justice, can and should provide leadership to this social transformation. The General Board of Church and Society Church holds a non-governmental, consultative status with the United Nations. This status allows us to participate in UN meetings, consultations and conferences. We recognize and renew our call for social transformation, for the quest to open the doors of opportunity for all, to distribute resources more equitably, and to provide better care for persons in need.

Donations for this special Sunday support programs and ministries to educate, equip and mobilize actions in support of identified Economic, Health, and Gender Justice Priorities.

Half of the funds collected on this Special Sunday remain in the Annual Conference to strengthen social justice ministries within the local conference. Within most Annual Conferences, a [Peace with Justice Coordinator](#) works with the Church and Society to provide educational resources, building and sustaining relationships, and help mobilize networks to engage in social advocacy and action.

PEACE WITH JUSTICE SUNDAY

TOGETHER
OUR REACH IS BEYOND MEASURE

The United Methodist Church's special giving structure ensures your generosity blesses as many people as possible in sustainable, strategic ways

YOUR DONATION CHANGES THE WORLD ONE LIFE AT A TIME

GIVE TO YOUR CHURCH:
Make checks payable to your local church or donate online via credit/debit card at ResourceUMC.org/SSGive

TO GIVE ONLINE SCAN OR CODE WITH YOUR SMARTPHONE CAMERA

Open Hearts. Open Minds. Open Doors.
The people of The United Methodist Church*

Mother's Day Dedications



For a \$10 donation you can honor a special woman in your life with a listing in our Mother's Day bulletin on May 14. Monies collected will be put toward beautifying the church grounds.

DUE ON SUNDAY MAY 7, 2023

I would like the following dedications:

In loving memory of: _____

In loving memory of: _____

In honor of: _____

In honor of: _____

Your Name: _____

Your Phone: _____

Please include a \$10 donation for each dedication and submit it with this form; Attn: Fran Carr, no later than May 7 to ensure proper listing in the Mother's Day bulletin. Form can be submitted to the church office or placed in the offering plate.

Arnold Mills Cemetery Trivia

Karl Ikerman

How many dead people are buried in the Arnold Mills Cemetery? All of them!

Actually there are 982; most of whom are AMUMC members.

AMUMC

On The Lighter Side



"How about it, people? Any more volunteers to change the light bulbs in the sanctuary?"

United Methodist
**Creation Justice
Tips**

Stand Up, Speak Up, Step Up

May 2023

An effective way to change a habit is to anchor it with another action you are committed to and do regularly. Try these prompts for a better, cleaner spring:

When you are spring cleaning and realize you no longer need something, resist the temptation just to toss! Instead, take the time to find a place to donate. Your efforts avoid adding to landfills and to air and land pollution and to the injustice suffered by people close to the landfill.

When you eat food on [Mondays, make your meals meatless](#). Actually, any day of the week will work to forego the expense to you and the planet that meat creates.

When you care for your house plants, reenergize them with any of these: cooled cooking water from preparing vegetables, potatoes, pasta, or green tea (leaves or brewed). No wasted water and happy plants—a good combination.

When you shampoo your hair, kick the plastic habit. Choose a shampoo bar instead. Try various [options for no plastic-use](#) for multiple personal and home care products.

When you love [butterflies](#), give those pollinators (and [others](#)) a reason to stop at your place—plants, especially ones that are native to your area, that feed caterpillars and the beautiful, winged creatures that give us great delight. Nix the pesticides for their sake too.

When you shop online for anything, check the “About” portion of the website before you buy. Find out what the company is or is not doing to care for creation and justice. Support those sources that help not harm. Look for [B Corp](#) and other companies that give back [1% for the planet](#).

When you pray or [plan or lead worship](#), include creation justice in the prayers, hymn choices, and other liturgy. In your personal prayers, pray for God’s creation and for justice.

When you talk to friends or family about climate-related issues, [focus on solutions](#) more than problems. Share what you are already doing and encourage your family and friends to do at least one more thing themselves for the planet and for justice.

When you are choosing products and you wonder which ones are truly good for the earth, you don’t need to be confused or worried about [“greenwashing.”](#) Here’s a [quick read](#) that can help clarify the labels “green,” “non-toxic,” “cruelty-free,” “organic,” “natural,” “Green Seal Certified,” and “Ecologo.”

When you head to the beach, lake, or river for recreation, note that the word is also “re: creation.” Look at the beauty God has provided and offer a prayer of gratitude. Look also for signs of humanity being care-less with nature. Take gloves and trash bags (preferably reusable) along with your supplies and stash the trash. Try quantifying your haul by weight or number of bags for example). Tell others what you have done and discovered.

The United Methodist Creation Justice Movement is providing these Tips as a tool to equip church members, families, and individuals to respond to God's call to care for creation and do justice with our neighbors. For more about the UM Creation Justice Movement, go to umcreationjustice.org.

Church School News



Important Dates

May 21: Last day of church school
June 4th: Promotion Sunday
(celebration of the church school year)
and Ice Cream Social

Sunday School Registration

This year we are adding an electronic form for anyone who prefers registering online. Just go to the Children & Youth page under Education on the church website and look for the online form.



The Christian Education Committee is looking for the names of high school and college graduates in our church family.

For high school graduates please list where they are graduating from and where they plan to attend school in the fall (if applicable). For college graduates please list the school they are graduating from along with the degree they received. Please send the information by May 31st.

You can email the information to the church office (office.amumc@gmail.com) or call the church office at 401-333-5203 with the information.

Thank You
LeeAnn Cotta

The children will continue the Creation unit through the end of the month.

Bible Verse: God saw everything that God had made, and indeed, it was very good.

(Genesis 1:31, adapted)

Main Idea: This unit will help the children

*Become aware of God's world through the first Creation story in Genesis;

*Develop a sense of awe and wonder over what God has made;

*Discover why and how it is part of their Christian responsibility to take care of our world.

Objectives:

*Children will learn that God created the world and everything in it.

*They will understand that they are created in the image of God.

*They will recognize that everything God created is good.

*They will understand that God provides for all of creation.

*They will learn to gain an appreciation for God's world.

*They will realize the interconnection of all God's creativity.

*They will learn to accept responsibility for God's world.

NOW
Available



What if you could stay engaged and encouraged anywhere and anytime with a library of the best media for study and reflection? Through any device you now have 24/7 access to motivating stories, insightful teaching, and powerful resources. To see everything we can do with Amplify, just visit the site below

Our Amplify Website:
[https://my.amplifymedia.com/
arnoldmillsumccumberlandri](https://my.amplifymedia.com/arnoldmillsumccumberlandri)
Access Code: DTLSGY

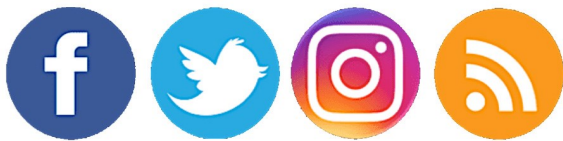
Upcoming Events

May 5: Troop 1 Pancake Breakfast Setup
May 6: Troop 1 Pancake Breakfast
May 10: Habitat Committee Meeting
May 11: Board of Trustees Meeting
May 11: July 4th Parade Committee Meeting
May 14: Mothers Day
May 15: Church Council Meeting
May 18: Ascension of the Lord
May 19: Arnold Mills Pack 1 Meeting
May 21: Ascension Sunday
May 21: Staff Appreciation Day
May 24: Aldersgate Day
May 25: July 4th Parade Committee Meeting
May 29: Memorial Day

SPRC News

Our committee includes Stacey Johnson, Cindy Mauch, Anne Hetherington, Chris Ferretti, Lee Ann Cotta and Olivia Carney.

If you have any questions, comments or concerns having to do with the staff of the parish feel free to see any member of the committee or you can email us at amumcsprc@gmail.com



Arnold Mills UMC's Social Media

Find us on social media!
We are on Facebook and on Instagram.

Facebook at <https://www.facebook.com/Arnold-Mills-United-Methodist-Church-115722435105941>

Twitter at https://twitter.com/ArnoldMills_UMC

Instagram at https://www.instagram.com/arnold_mills_umc

Listen to sermons on our website at <http://www.amumc.org>

Subscribe to sermon podcasts at <http://www.buzzsprout.com/434047>

Prayer Requests

Prayer requests are sent out each week to every address on our email list. We understand that not everyone who asks for prayer in worship during "Sharing Our Joys and Concerns" wishes to have that information shared on the email blast. If you would like to have a prayer request included in the weekly email, please use the "Prayer Request" form on the table in the back of the sanctuary, call the office at 401-333-5203, or email office.amumc@gmail.com. Prayer requests will remain on the prayer list for one month. If you would like a prayer request to remain longer, just let us know.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>30</p> <p>4th Sunday of Easter</p> <ul style="list-style-type: none"> 10:30am Childrens Sunday School 10:30am Sunday Service 11:30am Coffee Hour - Cargill Hall 	<p>May 1</p> <p>First Day of Asian Pacific American Heritage Month</p> <ul style="list-style-type: none"> 8am Fire Alarm Testing 6pm Reserved for Scouts - Cargill Hc 	<p>2</p> <ul style="list-style-type: none"> 6:30pm Prayer Meeting - Zoom 	<p>3</p> <ul style="list-style-type: none"> 9:30am Prayer Shawl Ministry - Libra 7pm Adult Spiritual Formation - Zoor 	<p>4</p>	<p>5</p> <ul style="list-style-type: none"> Cinco de Mayo Cinco de Mayo 5pm Troop 1 Arnold Mills Pancake B 	<p>6</p> <ul style="list-style-type: none"> 8am Troop 1 Arnold Mills Pancake B
<p>7</p> <p>5th Sunday of Easter</p> <ul style="list-style-type: none"> 8:30am Sunday Service 9:30am Adult Spiritual Formation - 0 10:30am Childrens Sunday School <p>3 more</p>	<p>8</p> <ul style="list-style-type: none"> 6pm Reserved for Scouts - Cargill Hc 	<p>9</p> <ul style="list-style-type: none"> 6:30pm Prayer Meeting - Zoom 	<p>10</p> <ul style="list-style-type: none"> 9:30am Prayer Shawl Ministry - Libra 6:30pm Habitat Committee & Board Meeting 7pm Adult Spiritual Formation - Zoor 	<p>11</p> <ul style="list-style-type: none"> 6:30pm Board of Trustees - Cargill H 7pm July 4th Parade Committee Meeting 	<p>12</p>	<p>13</p>
<p>14</p> <p>6th Sunday of Easter</p> <p>Mother's Day</p> <p>Mother's Day</p> <ul style="list-style-type: none"> 8:30am Sunday Service <p>4 more</p>	<p>15</p> <ul style="list-style-type: none"> 6pm Reserved for Scouts - Cargill Hc 7pm Church Council - Cargill Hall 	<p>16</p> <ul style="list-style-type: none"> 6:30pm Prayer Meeting - Zoom 	<p>17</p> <ul style="list-style-type: none"> 9:30am Prayer Shawl Ministry - Libra 7pm Adult Spiritual Formation - Zoor 	<p>18</p> <ul style="list-style-type: none"> Ascension of the Lord 	<p>19</p> <ul style="list-style-type: none"> 6pm Arnold Mills Pack 1 Meeting - C 	<p>20</p>
<p>21</p> <p>7th Sunday of Easter</p> <p>Ascension Sunday</p> <p>Staff Appreciation Day</p> <ul style="list-style-type: none"> 8:30am Sunday Service <p>4 more</p>	<p>22</p> <ul style="list-style-type: none"> 6pm Reserved for Scouts - Cargill Hc 	<p>23</p> <ul style="list-style-type: none"> 6:30pm Prayer Meeting - Zoom 	<p>24</p> <ul style="list-style-type: none"> Almsgate Day 9:30am Prayer Shawl Ministry - Libra 7pm Adult Spiritual Formation - Zoor 	<p>25</p> <ul style="list-style-type: none"> 7pm July 4th Parade Committee Meeting 	<p>26</p>	<p>27</p>
<p>28</p> <p>Day of Pentecost</p> <ul style="list-style-type: none"> 8:30am Sunday Service 9:30am Adult Spiritual Formation - 0 10:30am Sunday Service 11:30am Coffee Hour - Cargill Hall 	<p>29</p> <ul style="list-style-type: none"> Memorial Day Memorial Day 6pm Reserved for Scouts - Cargill Hc 	<p>30</p> <ul style="list-style-type: none"> 6:30pm Prayer Meeting - Zoom 	<p>31</p> <ul style="list-style-type: none"> 9:30am Prayer Shawl Ministry - Libra 7pm Adult Spiritual Formation - Zoor 	<p>Jun 1</p> <ul style="list-style-type: none"> First Day of LGBTQ+ Pride Month 	<p>2</p>	<p>3</p> <ul style="list-style-type: none"> 11am Wayne Hemond Funeral



Arnold Mills United Methodist Church
690 Nate Whipple Hwy.
Cumberland, RI 02864
Phone: 401-333-5203
E-mail: office.amumc@gmail.com
Rev. Heather R. Bailes Baker



Check out our webpage at www.amumc.org

We invite all to our regular Sunday Services:

8:30 a.m. – Quiet, reflective service with communion each week

10:30 a.m. – Thoughtful service, public celebrations and prayer concerns,
and

Holy Communion celebrated the first Sunday of each month.

Livestreaming of the 10:30 worship service will be available during the service for those who do not attend the service in person.

After each service the video will be archived for viewing anytime.